



The Grape Vine

Jesus said, "I am the vine, you are the branches" (John 15:5)

A COOL NEW SOUL

"Off to the hot tub, blue sky, 22 degrees celsius, palm trees", writes Don on Facebook from Palm Springs.

Well, grey is close to blue, isn't it? This is mid winter in Canada. It would be lovely to join the snow birds and head south. Ah well, we make the most of what we do have. And compared with Saskatchewan, this is Hawaii. Another friend writes from England in response to our annual letter and my descriptions of our country club bird life in our garden, "It sounds idyllic over there, but then the grass is always greener..." Do we long for a greener pasture somewhere else?

As we head into a new year, 2011, how do we make the most of what we have? A few verses of Psalm 23 guides us in paths of righteousness, in the Lord's right way.

The Lord is my Shepherd, I shall not want...He leads me besides quiet waters, He restores my soul...surely goodness and mercy will follow me all the days of my life...

Recently, I quoted G.K. Chesterton, "The object of a new year is not that we should have a new year. It is that we should have a new soul." Of course this relates to our personal life, but it equally applies to the soul life of our church. At Church of Our Lord, we are blessed with so much of God's goodness. We have wonderful worship in a variety of styles. We have a church who greet and love with a warmth and hospitality that make all who come feel welcome. We have a rich heritage of faithfulness to the preaching of the Word. Someone recently wrote: "Bless you for being firm in your proclamation of the

gospel and in nurturing and leading believers to a firm faith in the Lord...Thank you all of those in authority for your zealotness in preaching the gospel." And deep within our DNA is a heart for Kingdom mission and service which manifests in a vibrant community ministry centre. All this is God's provision, nurture, goodness and love. And yet, how can we experience more? How can our COOL soul be renewed, restored and touched by the hand of God?

*He makes me lie down
in green pastures.*

God provides us with green pastures which will provide for our every need in our spiritual, soul, and body life. One of our problems is that we get so busy that we neglect or forget what is important. The Shepherd has to deal with our stubborn wills and *make us lie down*. In His house, there are many resources offered for us to receive the care and teaching necessary for our growth and maturity. God invites us, makes us come and receive from His bountiful provision. It requires stepping out of our comfort zones, connecting with one another, and having a teachable, humble spirit.

*Lord, help us to make the most
of your green pasture.*

*You prepare a table for me
in the presence of my enemies.*

This is referring to God's peace in the midst of the most trying and dangerous of circumstances. However, eating around the table of fellowship is very much a part of our

COOL soul life. Our kitchen is busy every day in some way and produces the most incredible meals. Eating is not the issue, but eating is the way we enjoy and express hospitality. We enjoy this ministry of hospitality as part of our worship services, at our special events from strawberry to high teas, and in our home groups. Pastor Peter shared how he had so enjoyed turning strangers into friends in a home group.

*Lord, prepare a table for us in
the presence of our enemies,
strangers, friends and family.*

*I will dwell in the house
of the Lord forever.*

Our forever starts now and dwelling in the presence of the Lord is everywhere. However, part of our soul life is coming together as the house of the Lord. Whether it is at 9:30, 11, or 4, in the sanctuary or in the hall, we are dwelling in the house of the Lord. One of our challenges is how to encourage others to come to His house to worship and discover His green pastures. How can we be more effective in offering worship that is pleasing to God, feed His sheep, and attract the unchurched? One of the indicators used to assess the health of the church, is called ASA i.e. Average Sunday Attendance. This is one of the areas I would love to see improve. How can we communicate more effectively the good news of eternity and how to dwell in the house of the Lord forever?

*Good Shepherd, draw people to
come and dwell in your house.*

*You anoint my head with oil,
my cup overflows.*

Without the anointing, the infilling, the overflowing and the baptism in the Holy Spirit, we can do nothing. However, the church is notoriously bad at not recognising when He comes. There have always been those who are troubled and disturbed, amazed and perplexed, mocked and scoffed. And then there are those who believe and receive, who are anointed to overflowing. At the moment there is a revival of sorts happening in the north of Vancouver Island. We shall have an

opportunity to test, receive the message as we open ourselves to God's Spirit during our Lenten course. Details will follow.

Lord God, revive, renew and restore our soul, anoint our head with the oil the Holy Spirit.

Soaking in a hot tub in Palm Springs or in a swimming pool in Victoria is a wonderful way of relaxing in still water and restoring the soul. But it is the Lord himself, the Good Shepherd who truly restores our soul, guides our paths, brings us goodness and love, provides for our needs and wants. Sylvia has pointed out some of the

anniversaries connected through this weekend. We give thanks for the rich heritage and living soul of Church of Our Lord. As a family we give thanks for His leading us to this country and church where we have been planted and continue to bloom. And we bless God for the next generation whom the Lord is raising up to continue his commission into the future.

Dear Lord, may your goodness and love follow us all the days of our life, personally and together at Church of Our Lord, that we may praise your name and dwell in your house forever. Amen!

Pastor Rod

CH-CH-CH-CHANGES...

When God starts prodding us to make changes in our lives, He's way too big to ignore(!) and we have no choice but to sit up and take notice! This often happens when things are going well, we're comfortable with our lives and we'd be happy with things staying the way they are, thank you very much!

I'm one of the 'sandwich generation' with adult children and aging parents - all of whom are many thousands of miles away - and over the last few years I've been made more and more aware of the geographical distances between us and the need to be closer to family - especially my parents. I really want to be able to have more quality time with them while I still can and so started asking the Lord to show me what steps I should be taking...

There was a period of about a week last November when I was praying specifically for answers, which the Lord definitely delivered! My daily devotions first of all 'just happened' to revolve around scriptures to do with family and then talked about being willing to move on to wherever God may lead us... Many other small significant things happened, from emails, letters, conversations, to my new EU passport arriving just minutes after Skypeing with a close friend in the UK - clear confirmations to me that God was telling me I should move back to England...

Once I'd accepted that this was what I was meant to be doing, then came the question of when...

After much agonising, it became clear that I should plan on leaving sooner than later. My age being one factor and needing to give myself a fair chance of finding new employment before I'd be considered too old! And another

being my son's wedding in Estonia this June. So it made sense to have myself packed up and moved by then.

And so with deep sadness, I shall be 'retiring' from my job here at the end of April and moving to England sometime in mid May. My last 'official' Sunday will be Easter Sunday and even though it's going to be very painful, I can't think of a better season in which to 'move forward'.

I know without a doubt that God guided my every step when I moved here from Toronto 7 years ago. It has been an amazing time of healing, personal growth and I have loved being part of this wonderful and quirky COOL family of God. I shall miss you all terribly and my heart is breaking just thinking about leaving (I'll need a good supply of tissues constantly nearby until I do actually depart!). But I also know with the same confidence I had then, that God is preparing the way forward for me and that these are the next steps I am being called to take - it's as if He's sending me out on 'mission' and I'm eager to see what will unfold.

Thank you all so much for the love you have shown me over the years and for truly being family to me. I do regret not being able to tell many of you individually about this - but it would have been almost impossible, as far too many of you mean so much to me.

The next few months will be very difficult emotionally - but on a positive note: I will always have somewhere beautiful to come back and visit!

With sadness in my heart
and with much love to you all,
Ingrid

THE SKYS ARE NOT THE LIMIT (OR PASTORAL REFLECTIONS ON THE COMING YEAR)

And He said unto them, "Therefore every scribe who hath been made a disciple to the kingdom of heaven is like unto a man that is a householder, who brings forth out of his treasure things new and old" (Matt 13:52).

Having ended seven striking parables, Jesus reminds His immediate disciples of the responsibility that rests upon them as people who have received truths that the greatest men, the prophets and the righteous of the past ages, would have gladly heard. It is for them, as for all followers of Christ, to make known the great teachings concerning His Kingdom. Each is to be like a householder who brings forth out of his treasure things new and old. That is, they are to proclaim new truths concerning the Kingdom that the world would otherwise never know, and they are TO PROCLAIM OLD TRUTHS IN NEW FORMS even as Jesus taught in parables to make clear His message; and they are to teach old truths in new relations. The Gospel is the same in every age, but each age demands special applications of this Old Gospel for its new needs.

Matthew Henry comments: "Christ compares the skillful, faithful minister of the gospel to a good householder, who brings forth fruits of last year's growth and this year's gathering, abundance and variety, to entertain his friends. Old experiences and new observations all have their use. Our place is at Christ's feet, and we must daily learn old lessons over again, and new ones also."

Last year's growth of fruit at COOL contained an abundance and variety of old and new treasure. Prayer book service and café-style service ministered side-by-side, and on occasion combined, to the diverse needs of our own

congregation and the community outside, new to church exposure and setting. The old treasures of church bazaars combined with classic hymns sings, under Sylvia's wonderful, spirit-filled leadership, to introduce whole new generations to the joys of meeting together in our multi-functional hall and the multi-blessings it provides for both young and old from Cridge Club to "The Table," under Pastors Josh and Andy, with its highly successful and solid Gospel outreach to the two generations removed from church-going. Victoria Healing Rooms is a combination of the old and the new, drawing on the tradition of the past and recharging and revitalising it with a new team that has been the greatest personal blessing to me.

Since we re-opened on Sep 14 Healing Rooms International is expanding to over 2,000 sites worldwide, with the eventual number to reach over 2,000 in India alone. Here we have received over 35 new clients, some of whom are making multiple visits. Every person who has entered our rooms has experienced a touch from Jesus, with some noticeable and significant healings having taken place. Over four local churches are now involved in this ever-expanding ministry and training of new members is ongoing, with, at least, one more healing warrior slated to come on board soon. The other day I felt compelled to warn our team as well as Pastor Rod, without whose strong initiative this ministry would never have again got off the ground, that their simple involvement might be beneficial to their health. This came after my dentist had advised me that a problem tooth that was losing its bone and would eventually have had to come out was now showing signs of complete recovery. He said he could only attribute this to "divine intervention." The next day the last

client of the Healing Rooms reported exactly the same circumstances regarding healing of a tooth of her own. Perhaps we should put out a shingle that "we specialise in dental work"!

The successful concert with the Skys is another example of our new treasure. Close to 400 people were introduced to their unique brand of dazzling performance and unashamed evangelism through our concert and Sunday service. The response was as overwhelmingly positive as I have ever witnessed at a COOL event, with people going out of their way to express their positive opinions about the Skys and our church. A local would-be promoter, who met them for the first time through us and then provided them with a photo souvenir of their concert as well as flowers and food for their journey up-island, has already made arrangements for their return engagement in Victoria. A massive Canada Day concert is being planned for the Arena that may also feature Brian Doerksen, David Foster, and Nelly Furtado in a benefit performance.

Jesus teaches in the fruit-bearing function of the branches of His Vine (John 15:8) that to seek the glory of God implies a commitment to mission, and, not least, world mission. As elsewhere in the NT (John 12:28; Acts 17:16-17; Romans 15:16), worship and evangelism become one. Perhaps we should be less concerned with critiquing individual evangelism styles and more with the fruit God may want to produce through the opportunities He provides for us. There are many causes in the world worthy of our time, from poverty to social injustice, but when it comes to evangelism only Christian evangelicals can accomplish this task.

BISHOP'S BENCH RE: CUBA MISSION DISTRICT

Bearing this in mind we may wish to add our gathering of fruit for 2011 more new treasure to our already vast store of the old. This may even involve taking the opportunity being offered through ministry partnership with Full Gospel Businessmen's Fellowship of hosting meetings in March led by the leaders of the Port Hardy revival.

I find I need to remind myself continually of the challenge thrown out to the Victoria Evangelical Pastors at one of the first ministerials I attended together with Pastor Rod. Pastor Dan Rutherford of the host Gateway church reported statistics that set church attendance in Victoria at below 4%, the lowest Sunday rate in Canada! For a population of 350,000 that is a very significant figure. Pastor Dan suggested two things to the church in Victoria: 1) to find new ways of gathering for worship, and 2) to start house groups. Both of these are presently very much a part of our church's DNA. But there is more to do.

QUO VADIS, COOL?

In Christ, and in anticipation
of a glorious year
of His Kingdom Purposes,

Pastor Peter



GOOD THING I FOUND YOU GIDEON ... IT SEEMS SOMEONE HAS BEEN HIDING ALL YOUR BIBLES IN HOTEL ROOMS

I begin by thanking everyone in our churches for their support of the Diocesan Mission to the Country of Cuba and its people. What first began in the fall of 2003 has grown to six churches, with fourteen outlying preaching stations, six members of the clergy and over 525 attending members. The needs of the churches and people are still great, and once again I am calling on the Canadian members of this Diocese to help in their support.

Claudia and I will be travelling to Cuba on May 8th, and have begun preparing again for this year's Cuba Support Drive. The needs are many and varied and I will try to give you a picture of what they are. Firstly, there is a great need amongst the people for practical supplies. We ask you to please supply us with the following to take with us:

- (a) for the children - clothes in sizes 4 to 12
- (b) for the women - underwear and bras as they cannot buy them of any good quality, blouses sizes 10 to 20, shoes
- (c) for the men - undershirts and underwear and shoes
- (d) for all ages - cough syrup, vitamins (esp. children's), diarrhea medicine, and diabetic supplies

Secondly, in order to assist the clergy in serving the Cuban people we need to raise enough funds to purchase clergy shirts, two Travel

Communion Sets, a supply of Anointing Oil for the healing ministry, and a laptop computer to assist in the teaching of 39 theological students under the care of the Rev'd. William Suarez who oversees their studies. Whatever physical supplies that we do not receive we purchase here in Canada and take them with us. Last year, our suitcases weighed in total over 330 pounds!!!

Besides the above mentioned items of need, we also supply the funding for the churches' on-going ministerial needs, such as communion supplies, benches, Sunday School supplies, Bibles and Prayer Books, office supplies, travel costs, clergy salaries, and a host of other needs.

It is amazing how the Lord has been growing His Church in Cuba through the help of this Diocese and its people of the Church of Our Lord, Living Word and Holy Trinity. The people there are unable to supply the needed funds for any of the above as they only have enough to house and feed themselves. And yet, they tithe to their church as best they can. We have four months to gather together the supplies and funds needed. Please be a part of this work for the Glory of God and His Kingdom.

Thank you and God bless you for your generosity,
+Charles Dorrington, Bishop.
Epiphany 2011



Dear COOL Friends

This is a very difficult letter for me to write, but a bit easier than weeping and wailing before you all! As I approach my 79th birthday, I am becoming less skilled at driving in the city. In fact, I have not driven in Victoria for several months now. The last time, I actually drove through a red light! I am thankfully comfortable driving in my small community of the Saanich Peninsula.

Both Pat and I have had some physical disabilities this year. Pat contracted Polymyalgia Rheumatica which left him temporarily unable to drive his truck or his beloved motorcycle. Fortunately, he has improved greatly with the help of Cortisone. He also had a bout with cancer for which he had surgery and appears to be fully recovered.

We are staying close to each other and this way, we manage quite well. It has become clear to me that both driving to Victoria and back to the Peninsula as well as sitting anywhere for more than 15 minutes aggravates the pain in both knees.

My limitations are clear to me, and it doesn't look as if I will improve enough to resume all of my former activities.

I have attended Holy Trinity Church in North Saanich several times and found a warm welcome there, but it seems they 'get up and down' even more than is done at Church of Our Lord!

It is hard to say goodbye, especially after 16 years of membership at COOL. The good thing is that Betty Follows now lives at Abbeyfield House in Sidney and she and I get together for tea or lunch sometimes. Occasionally I have seen Geoffrey and Sylvia at Holy Trinity in North Saanich.

I do want to thank everyone at COOL for their support and friendship over the years. I have been blessed by them all and I am encouraged to see the strength in Church of Our Lord, as it continues to be led by people who are truly faithful to God's Word.

I wish all of you God's blessings in 2011.

With my love and affection,
Barb (Brennan)

Bailiwick Farm
1765 McTavish Rd
North Saanich, BC V8L 5T9

YA GOTTA BE KIDDIN'

by Ted Lavallée

Christianity is a serious business and requires effort on our part. The Bible says "*Narrow is the gate and difficult is the way that leads to life*" (Matt. 7:14 NKJ). This should not discourage us of course, as God has provided all sorts of blessings to those who obey Him and seek His companionship. One little gem that is often overlooked in our busy life is the role of laughing and humour in our well-being and in our physical and mental healing. The Bible states that "*A merry heart does good like medicine*" (Pr. 17:22 NKJ). It follows then that laughter and humour are a precious gift (Ted :1-1), even babies have it!

So how does laughter help, you might ask?
Well here are a few ways:

- It provides exercise by increasing heart rate, stimulates blood circulation, breathing and improves muscle tone.
- It reduces pain by firing the release of endorphins - the bodies natural pain killers.
- It reduces stress by lowering the levels of Cortisol - a stress hormone that weakens our immune system.
- It stimulates the immune system by increasing the interferon-gamma hormone to fight viruses.
- It stimulates mental functions such as alertness and memory by raising levels of adrenaline.

An advertiser could use a formula similar to the following in their advertising for good humour:

Read a good humour book: \$30,
take a shut-in out to a humorous play: \$50,
the ability to see the humour in a situation and laugh at yourself: priceless!

Let me illustrate: I was walking home after Church the other day in pouring rain, huddled under my big umbrella to keep dry and clean. As I walked along the sidewalk a car suddenly appeared, hit a puddle and splattered me from my waist down. I looked like a giraffe covered in dirty splotches and I started laughing at the picture I presented to others I met along the way. Rather than being angry and upset I was smiling and felt great about the nice little surprises we can enjoy every day.

To get more humour and laughter in your life, read a good book by a good humour author like Stuart McLean, learn and tell a good joke every day and enjoy a few belly laughs - ask me about the one with the Dalmatian.



FROM THE ARCHIVES

Sylvia Van Kirk, Heritage Coordinator archives@churchofourlord.org

CELEBRATING 135 YEARS OF CONTINUOUS WORSHIP IN THIS SACRED PLACE

This year the anniversary date of the opening of the Church of Our Lord falls on the exact date. In 1876, January 16th fell on a Sunday as it does this year. The following account which appeared in the *Daily British Colonist* conveys a good sense of what an exciting event this was in the history of the city. The land had been donated by Sir James Douglas and in just over a year this fine example of Carpenter Gothic had been built. What an inspiring example! Let us be worthy stewards today!

OPENING OF THE REFORMED EPISCOPAL CHURCH

On Sunday last this beautiful Church was opened for the first time for Divine service. At 3 p.m. the appointed hour, every seat was occupied by the largest congregation ever gathered together in one Church in this Province. Over six hundred persons were accommodated in the body of the Church, the aisles and porch, while many who were unable to effect an entrance after waiting sometime reluctantly retired.

The prayers were read by Bishop Cridge, assisted by the Rev'd Mr. Russ, of Wesley Church, and an eloquent sermon was preached by the Rev'd Mr. McGregor, of St. Andrew's Presbyterian Church, from the text,

"Thus speaketh the Lord of Hosts. Behold the man that is called the Branch: even He shall build the Temple of the Lord: O He shall bear the Glory." Zach.6:12-13

"But I say unto you that in this place is one greater than the Temple." Matt. 12:6

"And I saw no temple therein for the Lord God Almighty and the Lamb are the temple of it." Rev.21:21

The object of the discourse was to point out the possible union of Christians, notwithstanding a variety of denominational forms, and to show the great importance of the living truth over the temporary forms under which the truth was embodied. That under the various dispensations, forms were changing, the outward clothing gradually falling away, the old Testament preparatory for the New, and the New for that higher state where St. John "saw no "material" temple, for the Lord God Almighty and the Lamb are the temple of it."

The history of our world has been one of progress. It has been first the blade, then the ear, and lastly the full corn in the ear; the bursting bud, the blowing blossom and the mellowing fruit; the "shining light that shineth more and more unto the perfect day."

.... In the scheme of Revelation, the Patriarchal, the Mosaic, the New Testament and lastly the higher state to which St. John points; the form ever changing, the living truth always the same but ever growing clearer and larger like a light ever drawing nearer. The necessity of forms: they are the body through which the soul of truth must act. We cannot in our present state dispense with them. We need our Sabbaths and our Sanctuaries.

The church, as a society, must have certain rules and certain officers to carry out the society's objects. Church government must ever exist upon the earth, and men may always differ in their views as to the best and highest forms. Forms become very dear to men for they grow into symbols. The heirloom handed down to you through successive

generations cannot be estimated at its market value. In the regimental flag, old, decayed and torn with shot, etc., brave men are ready to die rather than it should suffer dishonour.

Such things become hallowed by associations and consecrated by memories. Forms become narrowing and dangerous when exalted to the same platform with the truths that they are intended to embody, when they are regarded not only as good, but as the only good forms. The cause of Christ has lost much by men doing battle for Denominationalism rather than for Christ; for the glory of the church rather than for the glory of God. The cure of this must be "unity in essentials, liberty in non-essentials and charity in all things." The forms are after all but the scaffolding to the Temple.

The preacher went on to say *"we took occasion once again during the construction of this beautiful church which we this day dedicate to the worship of God, to enter and observe the progress of the work. Then it appeared beautiful but not as beautiful as it does now, thronged with its multitude of devout worshippers. Then the noisy ring of the workmen's hammers echoed through the building, the debris of unfinished work lay scattered about the floor, the scaffolding still remained and obstructed a proper view of the edifice in all its proportions. Nor would we want to silence the noise of the workmen, for the building was still unfinished, but rejoiced to think that just as soon as finished, all this would be changed, the debris removed, the scaffolding taken away and the workmen changed into silent worship. And after all what*

are all our outward forms, but the scaffolding to the true spiritual temple and when it is finished they too shall be taken away. The time is not yet, but it is drawing nearer. Therefore we sincerely pray for the peace of your Jerusalem: May they prosper that love thee: Peace be within thy walls and prosperity within thy palaces. For my brethren and companions sakes I will now say peace be within thee.”&c.

Of the musical portion of the services we may say that Mrs. Leech presided at the Organ, and that the voluntary at the commencement attracted universal attention as its harmonious strains reverberated through the building. A full choir of thirty-two voices under the able guidance of Mr. Chambers rendered the Canticles (from the Bridgewater Service) and the glorious Anthem “There were Shepherds abiding in the field” in a manner beyond all praise. A debt of gratitude is due to those ladies and gentlemen who have so generously devoted their time and talents to so great a cause and no doubt they felt in common with many others interested in the movement, that so spontaneous a tribute of good will offered by the presence there of so large a number of all classes and denominations was a rich return for their self denying exertions.

At the evening service there was also a very large congregation, upwards of 400 hundred attending. The lighting and heating apparatuses gave great satisfaction and might advantageously be copied in the Cathedral and other Churches of the city.



CRIDGE CLUB SCHEDULE

JANUARY 2011

- 6 Susan Engel, BA, LL.B, MBA - “Eye Problems Of Older People”
- 13 Nick Russell - “The Past Is Present”: the history of Victoria told through its buildings
- 20 Richard Montgomery - “A Bright Future For The Taking”
- 27 Jack Krayenhoff - “Lovely Tuscany” (travelogue)

FEBRUARY

- 3 Rev. Dr. Rod Ellis - “The Best Cure For Loneliness”
- 10 Dr Sam Williams, Geriatrician - “How Safe Are Painkillers?”
- 17 Linda Hallett, R.N. - “Grandmothers to African Grandmothers”: helping grandmothers look after grandchildren orphaned by AIDS”
- 24 Heather Murray - “Cambodia – a Country in Recovery” (travelogue)

CLASSIC HYMN SING:

Sundays at 2 pm on February 6, March 6 & April 3.
Refreshments provided. Everyone welcome!

The Evergreen Prayer

by Brenda Sharp
(submitted by Nina Hollisey)

The leaves have gone, the trees are bare,
and birds begin their plaintive song.
No flowers now where once so fair;
the days are short and nights are long.

In the wild this time brings need,
all creatures haste to find their food,
the dark cold earth they do not heed,
its dormant state will make for good.

Snow falls and covers all the ground,
the scene takes on an eerie face,
breathtaking beauty all around,
pure and with a virgin grace.

Lord Jesus makes the winter bright,
dispelling all the cold and fear,
the babe born on that starlit night,
You bring to us such joy and cheer.



Cridge Memorial College Non-Accredited Courses

(Via correspondence: Christian History & Systematic Theology.)
 Fridays 10 am to noon. Call Rob Badham at 250-74-3731 for more information.

GROWTH GROUPS

- Mondays at 2 pm:** MONDAY AT MARY'S. Call Jack Krayenhoff at 250-381-6556.
- Tuesdays at 7 pm:** HOUSE GROUP at Rolande Daly's (Downtown). Call Rolande at 250-385-7162 or Brian Smith at 250-217-3212.
- Tuesdays at 7 pm:** HOUSE GROUP at Jack & Joan Krayehnhoff's (Saanich). Tel: 250-381-6556.
- Tuesdays at 7 pm:** HOUSE GROUP at Martha Prytula's (James Bay). Call Martha at 250-598-0100 or Richard Montgomery at 250-483-6741.
- Wednesdays at 10:00 am:** LADIES' BIBLE STUDY with Lynne Ellis. Tel: 250-652-6496
- Thursdays at 7 pm:** HOUSE GROUP at Mari-Etha MacInnis's (Fernwood). Tel: 250-598-4286.
- Fridays at 6:30 pm:** HOUSE GROUP at Krista Teame's (Uptown Quadra). Children welcome. Tel: 250-478-0737.
- Fridays/Saturdays:** HOMEBUILDERS. Come & find out how to build a stronger marriage. Contact the Hagels at 250-380-9433 or the Murrays at 250-595-2428.



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- Wednesday** 3-5 pm
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 (closed last Wed night of the month for staff training)
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COOL MissionStatement:
"To know and love our Lord to go and grow His church"